

# BELLBROOK CATERING



# BEACONSFIELD PRIMARY CANTEEN MENU

OPEN WEDNESDAY AND FRIDAY

Please write your child's name, class and lunch order with prices on a suitable sized new lunch bag or add 0.20 for provided bag

Ordering on-line is available through QKR

## HEARTY HOT FOOD

Lasagne 97% fat free	\$4.60	☺☺☺
Macaroni Cheese 97% fat free	\$4.60	☺☺☺ V
Dim Sims Steamed	\$1.10	☺☺☺
Potato Cake - recess only Term 2&3	\$1.10	☺☺
Hot Noodles Chicken or Beef	\$3.00	☺☺
Chicken crumbed tender	\$2.20	☺☺GF
Hot Dog	\$3.60	☺☺
Beef Cheese Burger, Lettuce and Sauce	\$5.00	☺☺☺
Chicken and Cheese Burger, Lettuce and Ma	\$5.00	☺☺☺
<b>Gluten Free</b> Hot Dog (no roll)	\$3.00	☺☺GF
Chicken Breast Nugget - Bag of 3	\$3.50	☺☺
Chicken Breast Nugget - Bag of 6	\$6.00	☺☺
Corn Cobbett	\$1.10	☺☺☺
100% Vegetable Pastie	\$4.50	☺☺ V
Lite N Up Beef Pie	\$4.50	☺☺
Lite N Up Sausage Roll	\$4.00	☺☺
Lite N Up Snack Party Pie (2)	\$2.20	☺☺

All pies heart foundation approved, low GI, reduced fat

## TASTY JAFFLES

Baked Bean and Cheese	\$3.40	☺☺☺ V
Spaghetti	\$3.00	☺☺☺ V
Cheese	\$3.00	☺☺☺ V
Ham and Cheese	\$4.00	☺☺☺

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Download the app through the App Store or Google Play

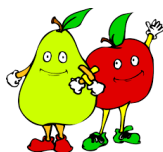
Preferred Payment Method



## SPECIAL SNACKS

Popcorn, Butter, Cheese or Slightly Sweet	\$1.60	☺☺GF
Chips Honey/Soy	\$1.60	☺☺
Choc Chip Cookies	\$2.20	☺☺
Gingerbread	\$1.70	☺☺
Ovalteenies	\$1.20	☺☺
Homemade Mini Muffin	\$1.00	☺☺
Veggie Cup with Dip	\$2.00	☺☺☺GF
Seasonal Fruit Cup	\$2.00	☺☺☺GF
Jelly Cup with Fruit	\$1.50	☺☺☺GF
Veggie Crackers BBQ/Cheese	\$1.60	☺☺GF

- ☺☺☺ Every Day Foods
- ☺☺ Select Carefully foods
- V Denotes Vegetarian
- GF Denotes Gluten Free.



PLEASE NOTE: SOME PRODUCTS MAY CONTAIN EGG

## EVERYDAY SPECIAL LUNCH PACK

Salad Sandwich \$5.50  
Slice Fruit  
Mini Muffin  
Water

## SUPER SANDWICHES AND SALADS

	Sandwich	
Vegete	\$2.10	☺☺☺ V
Cheese	\$2.30	☺☺☺ V
Ham (97% fat free)	\$3.00	☺☺
Ham (97% fat free) and Salad	\$4.00	☺☺
Ham & Cheese	\$3.50	☺☺
Roast Chicken	\$3.50	☺☺☺
Roast Chicken & Salad	\$4.50	☺☺☺
Fresh Salad (lettuce,cucumber,tomato,carrot)	\$3.50	☺☺☺ V
Egg & Lettuce	\$2.80	☺☺☺ V

## Rolls or Wraps extra

\$0.60

\*\*\*All sandwiches on wholemeal bread\*\*\*

Wholegrain/White bread available on request

## FRESH MADE SALAD BOXES

Mixed Salad (lettuce,cucumber,tomato,cheese,carrot)	\$4.50	☺☺☺GF
Add beetroot	\$0.50	
Add egg	\$0.50	
Add Chicken or Ham	\$1.00	

## EXTRAS

Salad Dressing Tub	\$0.50	☺☺
Tomato Sauce	\$0.30	☺☺
<b>LUNCH BAGS</b>	<b>\$0.20</b>	

This menu has been categorised by Nutrition Australia as a guide to encourage healthy choices

## DRINKS

250ml Water	\$1.50	☺☺☺GF
600ml Water	\$2.50	☺☺☺GF
<b>250ml Milk (Reduced Fat)</b>	<b>\$2.70</b>	<b>☺☺☺GF</b>
Chocolate, Strawberry		
<b>100% Fruit Juice 250ml</b>	<b>\$2.70</b>	<b>☺☺☺GF</b>
Apple or Tropical		

## FROZEN TREATS

Frozen 100% Juice Tubes	\$1.00	☺☺☺GF
Frozen Skim Milk Tubes Chocolate	\$1.70	☺☺☺GF
Frozen Pineapple, Watermelon or Orange Slice	\$0.60	☺☺☺GF
Twisted Frozen Yoghurt Choc/Van or		
Mango/W'Melon/Strawberry	\$2.60	☺☺☺GF
Lemonade IcyPole	\$1.50	☺☺
Streets Paddle Pop Rainbow	\$2.00	☺☺